



BREAKFAST

Buffet selection served in the Restaurant

Fruit Juices

Vitality Fruit Smoothie

Cucumber & Coriander Health Shot

Variety of breakfast cereals & muesli, seeds, dried fruit & nuts

Variety of fresh seasonal fruit

Yogurts & Local Cheeses

Selection of cold meats, breads, rolls, croissants & jams, marmalade & honey

THE FOLLOWING DISHES CAN BE PREPARED

Please place your order with our Breakfast Team

Free-range farm eggs, prepared to your preference:

Sunny side up, over easy, poached, boiled or scrambled,
complimented by your choice of the following:
Bacon, Sausage, Ham, Tomatoes, Mushrooms

Omelette Selection

Plain or with a choice of the following fillings:
Ham, Cheese, Mushrooms, Onions, Peppers, Cherry Tomatoes, Avocado

For the Health Conscious

Toasted Ciabatta with your choice of one of the following:
Avocado, Bacon, & Poached Eggs
Scrambled Eggs, Cherry Tomatoes, Cheese & Rocket
Cucumber, Avocado & Cream Cheese

For the Sweet Tooth

Pancake with Cinnamon & Brown Sugar

Selection of Teas & Coffees

R175 per head